

# Give Peas a chance



**Pulses are good for you and good for the planet. They are a great source of proteins and play an essential role in keeping our soils healthy, making delicious allies for a sustainable future. But in our ever faster daily lives, it can be hard to include them in our cooking.**

**Let's fight this prejudice together: join our free online cooking class on September 24 from 12.30 -2.30 p.m. (CET) and discover the wonderful world of beans, peas and lentils! Broadcasted live from Terra Madre in Turin directly to your kitchen: chefs and producers from different countries will share easy recipes and tricks to help you put more pulses on your plate.**

**Register by September 21st here and we will send you a shopping list as well as a link to the event on September 24.**

**From 12.30 p.m. (CET) you can exchange with other participants from all over the world directly in our Zoom session or you can follow the cooking class live on YouTube.**

**This event is produced in cooperation with “The Global Bean Project”, the Slow Beans network and Slow Food Germany.**

*If you are browsing from a mobile device and do not see the questionnaire, please click the button to request desktop version.*

*\* Required*

Book your place to get the Zoom link

Your name: \*

Your surname: \*

Your contact email: \*

#### Privacy policy

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Read and accepted \*

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